

# Record and Chronicle

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MR. YOUNG REPORTS ON:

## "THE STATE OF THE HOSPITAL"

(Overheard in the Lecture Hall,  
Monday, Feb. 7, Tues., Wed.,  
Thurs., Fri., around-the-clock.)

I hope we're not late  
...Hello, Mr. Young!  
..."Hi, everyone...  
Please sign in. Hello,  
Joe! Nice to see you  
ladies."...What new  
things do you think  
he'll tell us?...last  
year he said...

"Good morning every-  
one...Welcome to what  
I like to call my  
annual report to em-  
ployees on 'the State  
of the Hospital'."

And so it began, in  
twelve sessions,  
Mr. Young's report of  
the year that has been  
and the year that is to come.  
No, HSS was not exempt from the  
effects of the national economic  
situation--as the financial  
summary showed...Grateful thanks  
for trusts and gifts...Ecology  
begins at home with the OR's  
new air filter system...Food,  
glorious food, via Memorial  
Hospital's cooperation and new  
canteen facilities...HSS linen

(now we know what hospital we're  
in)--a great savings too!...

Nursing Education prepares for a  
new home in Guggenheim as the

Laboratories expand  
in space and in time  
as they begin 7-day  
coverage in March...  
Improved life in-  
surance for employees  
...And employees--they  
are bowling, traveling  
(to Spain in May),  
helping HSS to recruit  
new employees, and en-  
joying new transfers  
and promotions...and  
in 1984 will HSS em-  
ployees be commuting  
to and from Welfare  
Island? Maybe...



And what's being said  
about 'us'? Letters,  
letters pour in ac-

knowledging the outstanding  
service and cooperation shown  
by the HSS Staff...

Questions...questions from the  
floor? Mr. Young...? "Well,  
glad you asked that..." More  
questions. And the meeting  
drew to a close as another year  
begins...



## TIME TO TRAVEL

TO

## A SUNNY HAPPENING IN SPAIN

Hospital employees are on the wing --flying to Spain, that is, May 11 to May 25 for 14 sunny fun-filled days, 5 in Madrid and 9 in Torremolinos on the "Costa del Sol."

In response to extensive requests for travel programs, this tour has been especially arranged for the employees of HSS, St. Lukes and the Catholic Medical Center. The cooperation of several hospitals makes possible the low group rate of \$354. Coordinated by the Metropolitan Hospitals Activities Club, the tour, hopefully the first of many, is sponsored entirely by employees for each other. Arrangements have been made through Iberian Airlines and Simmons Group Journeys, a professional travel service.

Included in the \$354 are the following: Roundtrip airfare on Iberian (via 747) between New York and Madrid and (via DC8) between Madrid and Torremolinos, deluxe accommodations (with bath) based on two in a room, with full American breakfast in both locations, an "orientation" tour of Madrid, and a welcoming Sangria Party in Torremolinos. After that, you're on your own with a hospitality staff available to assist you in arranging side trips, suggest museums, restaurants, shops, etc. The hotel in Torremolinos is on the beach and has its own pool, with golf and water

sports readily available.

From Madrid, you may want to arrange a side tour to Toledo, famed home of El Greco. A popular day's tour from Torremolinos is Granada, site of the fabulous Alhambra--palace of the Moorish kings. The more venturesome may arrange a day trip by air or an overnight boat excursion to Tangier, on the coast of North Africa, to tour the famous Casbah, the sultan's palace, the Caves of Hercules, the Old Arab Quarter. (Please note special cholera inoculations are required for this trip as well as smallpox).

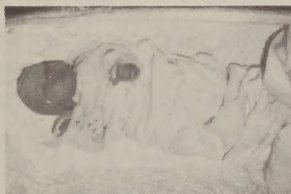
The trip is planned to permit you to do as much or as little as you wish.

A friend, spouse or other relative is welcome to come with you but may not come without you. Space is limited and reservations, which must be accompanied by a deposit check for \$50 made out to Simmons Group Journeys, will be accepted on a first come-first serve basis. Deadline for reservations is April 1st. Vacation time must be approved in advance by your Department Head. The travel service will bill you directly for the balance of the \$354 which must be paid in full by April 6, 1972. Cancellations with full refund will be accepted until April 6. Obtain a detailed itinerary from

*Continued on p. 5--*

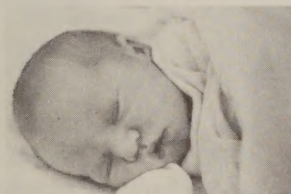
Con't. from p. 3)

And in the natural order of things, several HSS employees are proud new parents. Michael Francis was born to DR. & MRS. WILLIAM CRUTCHLOW on Jan. 21.



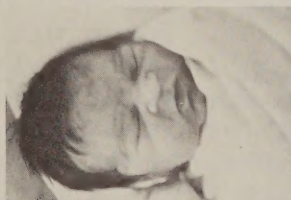
*Michael F. Crutchlow*

January 25 was "HSS Childrens Day" with two arrivals to HSS parents: Jennifer Benton became the youngest member of DR. & MRS. LOUIS BENTON



*Jennifer Benton*

and son Michael Anthony is surely the reason for the broad smile often seen on the face of MR. JOSE VELEZ (Dietary).



*Michael A. Velez*

SPAIN (Con't. from p. 2)

your Department Head and send the reservation coupon with your \$50 check to Mrs. Hedi White, Personnel, X261.

Other trips will be planned soon. You may suggest trips you would like to see by completing the suggestion space on the itinerary coupon mentioned above.

Think Spain, think Travel and Plan Ahead Now...

The BLOOD DRIVE in December was a success in that 89 employees donated during that annual campaign; however, it was a disappointment in that this is a drop in donors from 113 last year (12/70) and from 110 the year before (12/69). Our participation in the Community Blood Program requires us to release 1/3rd of our donations for community use; so that in fact, the actual blood credit available for our use is only 60. (8 of which have already been released.) To assure blood-need coverage for all HSS employees in 1972, it may be necessary to hold another drive in late spring or early summer. An employee may donate to the HSS Blood Program any time during the year merely by mentioning HSS when he goes to the Blood Center to give. Thanks go to all those who volunteered and a special thanks to those who donated successfully.

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The RECORD AND CHRONICLE is edited by:

Barbara Smith  
Hedi White

## ON THE HUMAN SIDE...

Twenty five new graduates of the HSS PN SCHOOL, CLASS # 43, proudly donned the crisp whites of their profession on October 25, 1971. Their graduation class portrait is below with many familiar faces as seven members of the class are now on staff including one former HSS employee, Mr. Henry Brown who attended our PN School on an HSS scholarship. Several class members were cited with special awards at graduation :



CLASS # 43

NURSING EDUCATION was also happily heard from at Christmas time when class # 44 joined with instructors in carolling throughout the hospital. From Clinic to Pediatrics, they were enthusiastically received by patients as the halls resounded with strains of Yuletide joy.



*To Pediatrics...*



*From Clinic...*

From Christmas bells to Wedding bells, HSS is a merry place indeed. Congratulations to HILARIO PILOTO (Research) who married Otilia Castillo on Feb. 4, and to two gentlemen from the Communications Dept.: JOSEPH ESPOSITO will marry Gail Zimmerman on April 1, and GARY DAMIANO will marry Joann Paliafico on June 11.

*Continued on p. 5--*

## NOTES ON HEALTH:

### SICKLE CELL ANEMIA

Sickle cell is an hereditary anemic condition that has its highest incidence among the black population. In addition, it is known to affect people of Puerto Rican, Greek, Italian, Middle Eastern and Indian ancestry, as well as individuals from other parts of the world. This disease is undergoing extensive research, but at present, it may not be cured, although it can be identified and treated.

(Sickle cell is believed to be the result of a blood condition developed to build up resistance against malaria in people who lived in central Africa. It has spread from there.)

#### PHS STARTS TESTING PROGRAM

Because of the keen interest in Sickle Cell, the HSS Personnel Health Service will offer tests for Sickle Cell free of charge for employees and their families (parents, spouse, unmarried children). Our limited facilities necessitate that tests be given by appointment only, arranged with Mrs. Carlotta Wright, Personnel Health Nurse, X389. Individuals with Sickle Cell are encouraged to follow up at one of the several New York City hospitals having specialty clinics to treat Sickle Cell. Mrs. Wright will assist in arranging appropriate referrals.

#### WHAT IS SICKLE CELL?

Sickle Cell is an anemic condition caused by abnormal hemo-

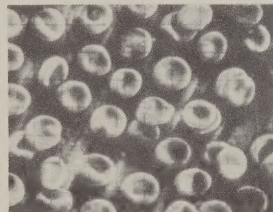
globin in the blood. (Hemoglobin is the substance that carries oxygen in the blood and gives blood its red color.) The abnormal hemoglobin, which is inherited genetically, causes the red blood cells to take on a crescent, or sickle, shape. (see photo.) They are fragile and break easily. The system has trouble replacing them because they break down faster than they are replaced. Furthermore, these long, sickle-shaped cells can block up blood vessels, preventing parts of the body from getting sufficient oxygen, causing what is called a "crisis" in the disease. This can be very serious.

Sickle Cell is neither contagious nor infectious; it is a hereditary disease

transmitted by both men and women. Not all individuals with sickle cell have the disease.

Those with Sickle Cell trait have inherited one gene from the

disease of one parent. The danger here is the probability of passing the trait on to one's offspring. And, if both parents have the trait, chances are one in four that each child will inherit the disease, sickle cell anemia. It is therefore important for individuals who might have the condition to be tested--so they will know if there is the chance of passing it on to their children. The test is a simple blood test. Moreover, these tests contribute to the research aimed at finding methods to cure and prevent Sickle Cell entirely. Employees are encouraged to take advantage of the PHS Sickle Test program.



*Normal red blood cells magnified 2000X*



*Sickled red blood cells magnified 2000X*

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THE RECORD & CHRONICLE  
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